



Why Choose Cash- Based Physical Therapy?

- **Zero Insurance Hurdles:** Because we operate on a cash-based model, we have no insurance restrictions or caps. You receive the exact duration and frequency of care you need without waiting for authorizations or meeting strict Medicare criteria that limit treatment times and duration.
- **Real-World Environmental Training:** We evaluate and treat patients directly inside their actual living spaces—training them on their own rugs, stairs, and bathrooms where falls are most likely to occur.
- **True 1-on-1 Concierge Care:** Every session is a full, uninterrupted, 60-minute visit directly with a Doctor of Physical Therapy or licensed and experienced Physical Therapy Assistant.

Who We Help:

1. **The "Gap" Patients:** Seniors who do not qualify for traditional home health (because they are not strictly homebound) but cannot safely drive or commute to a busy outpatient clinic, or who may no longer qualify for “skilled services” reimbursable through Medicare and have no qualifying medical diagnosis.
2. **Frequent Fallers:** Patients experiencing progressive unsteadiness, near-misses, or a high fear of falling that limits their independent living.
3. **Maintenance Therapy:** Individuals who are at risk of functional decline due to inactivity, without new medical diagnosis or recent exacerbation of chronic condition. Maintenance therapy is not covered under Medicare except in rare circumstances.
4. **Home Safety Assessment:** Home safety assessments with recommendations for community dwelling older adults looking to remain in their home.



Restrictions to Cash- Based Physical Therapy:

Individuals with Medicare who need skilled Physical Therapy that would normally be covered by Medicare cannot opt- out of the Medicare system.

This includes:

- individuals with acute- onset medical conditions with or without hospitalization that have caused a recent functional impairment, or
- a recent exacerbation of a chronic medical condition or pain that has caused worsening functional performance.

If you meet these criteria, you need to reach out to a Medicare part A or B Physical Therapy provider.

If you think cash- based physical therapy is right for you, reach out to us at info@steadfastmobilept.com or call **817-773-6007** to get started.

